

Everest: Highlights of Itinerary

A) Arrival

Arrival in Nepal

29 Mar

Day 1-3: Arrive in Kathmandu (1300m). Settle administration.

Trek to Base Camp

1 April

Day 4: Fly to Lukla (2,860m). Start trek. (photo right by Fabrice Imparato: A beautiful Himalaya view on a perfect day, trekking to Base Camp)



Day 6: Namche Bazaar (3,450m). Check email, send messages at cyber café.

9 April (Correspondence)

Day 12-14: Reach Base Camp (5,000m). Rest & acclimatization in base camp. Extensive training. Organize equipment and supplies.

B) Acclimatising

Acclimatising to Everest

12 April

Day 15: Explore route to Camp 1 (5,800m). Return to Base Camp

Day 16: Rest in Base Camp

Day 17: Climb to Camp 1 (5,800m). Return to Base Camp.

Day 18: Rest in Base Camp (photo right by Bruce Manning: Team members crossing a ladder over a deep crevasse ubiquitous in the Khumbu Icefall. Fixed rope and ladders are laid through the whole maze of shifting glacial seracs);



Day 19: Climb to Camp 1. Sleep there.

Day 20: Climb to Camp 2 (6,200m), return to Camp 1. Sleep there.

Day 21: Return to Base Camp.

Day 22-24: Rest in Base Camp.

Day 25: Climb to Camp 1. Sleep there. (photo right by Dan Mazur: A perfect view of Camp 1 looking up towards the Lhotse face on the Western Cwm)

Day 26: Climb to Camp 2. Sleep there.

Day 27: Rest in Camp 2.

Day 28: Explore route to Camp 3 (7,300m), return to Camp 2. Sleep there.



Day 29: Return to Base Camp.

Day 30-32: Rest in Base Camp.

Day 33: Climb to Camp 1. Sleep there.

Day 34: Climb to Camp 2. Sleep there. (photo right by Bruce Manning:
A view of our comfortable camp 2 looking up towards the Lhotse face)

Day 35: Rest in Camp 2.

Day 36: Climb to Camp 3. Sleep there.

Day 37: Descend to Camp 1 or Camp 2. Sleep there.



Rest in Preparation for Summit Push

5 May

Day 38: Return to Base Camp.

Day 39-40: Rest in Base Camp or descend to and rest at a lower village e.g. Pangboche (3,750m).

Day 41-43: Return to Base Camp from village. Rest in Base Camp.

C) Summit

Summit Days

11 May (Correspondence)

Day 44: Climb to Camp 1. Sleep there.

Day 45: Climb to Camp 2. Sleep there.

Day 46: Climb to Camp 3. Sleep there. (photo right by Bruce Manning:
team members starting ascent of the Lhotse face);

Day 47: Climb to Camp 4 (8,000m). Sleep there.



Summit Window I

15-16 May (Correspondence)

Day 48: Attempt summit if conditions allow.

Day 49: Attempt summit if conditions allow.

Day 50: Descend to Camp 2. Sleep there.

Day 51: Return to Base Camp.

Day 52-55: Rest in Base Camp.

23 May

Day 56: Climb to Camp 2. Sleep there.

Day 57: Climb to Camp 3. Sleep there. (photo right by Dan Mazur:
Approaching the Hillary Step)

Day 58: Climb to Camp 4. Sleep there.

Summit Window II

26-27 May (Correspondence)

Day 59: Attempt summit if conditions allow.

Day 60: Attempt summit if conditions allow.



D) Going Home

Descent

28 May

Day 61: Descend to Camp 2.

Day 62: Packing in Camp 2.

Day 63: Return to Base Camp.

Day 64-65: Packing in Base Camp.

Day 66-69: Trek back.

Day 70: Flight to Kathmandu. Hotel.

Day 71: Extra day in Kathmandu, in case of delay. Hotel.

8 June

Day 72: Home Sweet Home



*Information and Photographs taken off www.summitclimb.com
Itinerary subject to changes in case of inclement weather.