

**SAA 5th Allcomers Meet 2010 - 7/25/2010****ITE College East****Results - Sunday, 25 July 2010****Event 101 Women Shot Put 4kg Open**

NR: 18.57m N 9/1/2005 Zhang Guirong  
JR: 13.26m J 6/9/2007 Wan Lay Chi

Name	Yr	Team	Finals
<b>Flight 1</b>			
1 4846 Ong, Sing Rui	92	Ngee Ann Polytechnic	7.18m
2 4796 Cheng, Mei Qi Crystal	93	Catholic Junior College	6.21m

**Event 102 Men Javelin Throw 800g Open**

NR: 59.22m N 8/30/1988 Ng Bock Huat  
JR: 55.19m J 5/31/2009 Koh Thong En

Name	Yr	Team	Finals
<b>Flight 1</b>			
1 4835 Chong Bin Mohd Isham,	90	Nanyang Polytechnic	57.62m
2 4867 Hamid, Mohamad Ali	94	Nordin Jadi Athletic Club	54.76m
3 4960 Tay, Juin Lin	89	Wings Athletic Club	49.95m
4 4852 Lee, Tong Yi	93	Ngee Ann Polytechnic	42.94m
5 4893 Rosli, Md Zahid	84	Scdf	42.71m
6 4936 Hough, Alan Derek	66	Unattached	41.18m
7 4947 Toh, Alexander	89	Unattached	17.96m
--- 4944 Ng, Russell	89	Unattached	DNS

**Event 103 Women Javelin Throw 600g Open**

NR: 51.66m N 12/11/2003 Zhang Guirong  
JR: 42.68m J 3/4/1990 Xie Yuru

Name	Yr	Team	Finals
<b>Flight 1</b>			
1 4951 Teo, Hui Juen	89	Wings Athletic Club	37.63m
2 4972 Goh, Francine	94	Ite College East	26.36m
3 4797 Lim, Yufeng Alissa	94	Catholic Junior College	21.48m

**Event 104 Men Long Jump Open**

NR: 7.62m N 12/15/2009 Goh Yujie Matthew  
JR: 7.62m J 12/15/2009 Goh Yujie Matthew

Name	Yr	Team	Finals	Wind
<b>Flight 1</b>				
1 4868 Mohd Suhaimi, Mohd Sya	94	Nordin Jadi Athletic Club	6.72m	-1.1
2 4968 Lai, Yong Hui	89	National Uni of Singapore	6.61m	0.5
3 4922 Hazra, Shashi Kumar	94	St Joseph's Institution	6.58m	NWI
4 4911 Koh, Kevin	92	Singapore Polytechnic	6.20m	-1.3
5 4912 Lim, Nelson	92	Singapore Polytechnic	6.00m	-1.6
6 4862 Tengku, Azlan	92	Ngee Ann Polytechnic	5.97m	-1.5
7 4917 Soon, Safwan	91	Singapore Polytechnic	5.82m	-0.5

**SAA 5th Allcomers Meet 2010 - 7/25/2010**

**ITE College East**

**Results - Sunday, 25 July 2010**

8	4814 -, Muhd Nur Saeed	92	Ite College East	5.59m	-0.8
9	4809 -, Muhd Aniq	92	Ite College East	5.50m	NWI
10	4819 Idris, Md Haiqal	92	Ite College East	5.42m	NWI
11	4920 Xu, Yanxiang	91	Singapore Polytechnic	4.93m	-0.3
12	4810 -, Muhd Firdaus	92	Ite College East	4.88m	-1.6
---	4932 Amri, Mohd	94	Unattached	DNS	NWI
---	4935 Hakimi, Mohd	94	Unattached	DNS	NWI

**Event 105 Women Long Jump Open**

NR: 5.88m N 6/16/1993 Yu Long Nyu  
 JR: 5.68m J 6/24/2007 Nurul Jannah bte Mohd Zulkifli

Name	Yr	Team	Finals	Wind	
<b>Flight 1</b>					
1	4897 Xu, WeiXin	85	Singapore Institute of Mgmnt	4.88m	-3.2
2	4845 Koh, Mabel	92	Ngee Ann Polytechnic	4.29m	-2.3
3	4805 Md Rizal, Shahirah	93	Ite College East	4.01m	-2.8
4	4847 Tay, Kay Ching	93	Ngee Ann Polytechnic	3.80m	-1.1

**Event 106 Women High Jump Open**

NR: 1.80m N 7/16/2006 Michelle Sng  
 JR: 1.80m J 7/16/2006 Michelle Sng

Name	Yr	Team	Finals	
<b>Flight 1</b>				
---	4864 Wong, Boon Syian	94	Nordin Jadi Athletic Club	DNS

**Event 107 Women 400 Meter Run Open**

NR: 55.08 N 9/15/1974 Chee Swee Lee  
 JR: 55.08 J 9/15/1974 Chee Swee Lee

Name	Yr	Team	Finals	
<b>Section 1</b>				
1	4822 Dawood, Nurul Syafiq	92	Malaysia	63.39
2	4843 Chan, Karina	92	Ngee Ann Polytechnic	75.85
---	4928 Sharda, Nikita	90	Unattached	DNS

**Event 108 Men 400 Meter Run Open**

NR: 47.40 N Godfrey Jalleh & Haron Mundir  
 JR: 48.20 J 9/21/1985 S Pandian

Name	Yr	Team	Finals	
<b>Section 1</b>				
1	4948 Wakeford, Christopher	89	Unattached	50.86
2	4828 Mohd Mahzan, Muhamma	91	Malaysia	51.13
3	4892 Sapari, Zaki	92	Republic Polytechnic	51.29
4	4859 Syed, Fathullah	92	Ngee Ann Polytechnic	55.67
5	4854 Lin, Doa Xiang	90	Ngee Ann Polytechnic	57.25

**SAA 5th Allcomers Meet 2010 - 7/25/2010****ITE College East****Results - Sunday, 25 July 2010**

6	4937 Khairul, Nizam	94 Unattached	59.14
7	4853 Leong, Wei Sheng	92 Ngee Ann Polytechnic	60.65
---	4832 Lok, Aloysius	91 Millenia Institute	DNS

**Section 2**

1	4826 Low, Cheng Guan	91 Malaysia	52.85
2	4872 B Yahya, Mohammad Faz	94 Northland Secondary School	55.61
3	4940 Lim, Jin Xing	90 Unattached	56.46
4	4855 Mohamed, Ashiq Yassin	90 Ngee Ann Polytechnic	57.39
5	4849 Chong, Chung Yong	87 Ngee Ann Polytechnic	59.94
6	4888 Huang, LaiYu	93 Republic Polytechnic	64.51
7	4915 Pang, Jian Jie	90 Singapore Polytechnic	65.17
---	4943 Mohd Mahzan, Muhd Izh	91 Unattached	DNS

**Event 109 Women 100 Meter Dash Open**

**NR:** 12.03 N 4/10/2010 **Choo Sze-Min Amanda**  
**JR:** 12.23 J 4/25/2009 **Choo Sze-Min Amanda**

Name	Yr	Team	Finals
------	----	------	--------

**Section 1 Wind: -0.5**

1	4863 Mohamad, Siti Fatimah	94 Nordin Jadi Athletic Club	12.41
2	4927 Mustaffa, Mahirah	93 Unattached	13.45
3	4884 Lee, Natalie	93 Republic Polytechnic	13.52
4	4966 Ang, Yujia	89 National Uni of Singapore	14.13
5	4885 Wang, Melody	89 Republic Polytechnic	14.70
6	4830 Azahar, Azurah	92 Millenia Institute	16.13
---	4950 Pereira, Valerie	94 Wings Athletic Club	DNS

**Event 110 Men 100 Meter Dash Open**

**NR:** 10.37 N 8/27/2001 **UK Shyam**  
**JR:** 10.53 J 6/13/2008 **Kang Li Loong Calvin**

Name	Yr	Team	Finals
------	----	------	--------

**Section 1 Wind: -1.3**

1	4865 A.Hadi, Mohd Noor Imra	94 Nordin Jadi Athletic Club	10.46
2	4953 Jamal, Md Amirudin	87 Wings Athletic Club	10.53
3	4948 Wakeford, Christopher	89 Unattached	11.09
4	4925 Amri, Khairyll	93 Temasek Secondary	11.26
5	4877 Khor, Calvin	93 Raffles Institution	11.47
6	4818 -, Qamarul Haziq	92 Ite College East	11.93
---	4866 Ghazali, Mohd Zabidi	94 Nordin Jadi Athletic Club	DNS
---	4954 Khoo, Kenneth	82 Wings Athletic Club	DNS

**Section 2 Wind: -0.4**

1	4958 Mustapa, Md Elfi	87 Wings Athletic Club	10.56
2	4869 Nor, Mohd Ikhwan	94 Nordin Jadi Athletic Club	10.65
3	4961 Yeo, Gary	86 Wings Athletic Club	10.71
4	4955 Lee, Cheng Wei	87 Wings Athletic Club	10.77
5	4871 Subramaniam, Kanan	94 Nordin Jadi Athletic Club	10.97
6	4959 Shyam, UK	76 Wings Athletic Club	11.02
7	4794 Ng, Chin Hui	94 Anglo-Chinese School (Indp)	11.29
8	4870 Sameeh, Mohamed	94 Nordin Jadi Athletic Club	11.38

**SAA 5th Allcomers Meet 2010 - 7/25/2010****ITE College East****Results - Sunday, 25 July 2010****Section 3 Wind: -1.9**

1	4857 Pang, Yao Yi	93 Ngee Ann Polytechnic	11.44
2	4862 Tengku, Azlan	92 Ngee Ann Polytechnic	11.46
3	4838 Tan, Tze Jung	88 Nanyang Technological Uni	11.64
4	4831 Lim, Amos	90 Millenia Institute	11.69
5	4851 Huang, Ashley	91 Ngee Ann Polytechnic	11.75
6	4873 Soh, Shi Yang Joseph	92 Nus High School	11.86
7	4879 Lim, David	93 Raffles Institution	11.90
8	4859 Syed, Fathullah	92 Ngee Ann Polytechnic	12.36

**Section 4 Wind: -1.8**

1	4860 Tamo, Patrick	90 Ngee Ann Polytechnic	11.85
2	4854 Lin, Doa Xiang	90 Ngee Ann Polytechnic	12.12
3	4833 Suryani, Syazwan	92 Millenia Institute	12.33
4	4930 Abdul Malek, Muhamma	91 Unattached	12.78
5	4889 Kwan, Marcus	93 Republic Polytechnic	13.02
---	4945 Ong, Jansen	93 Unattached	DQ
---	4942 Md Ismail, Mohd Azhar	90 Unattached	DNS
---	4941 Maniar, Joshua	90 Unattached	DNS

**Section 5 Wind: -1.0**

1	4956 Lim, Yao Peng	89 Wings Athletic Club	11.49
2	4812 -, Muhd Khairi	91 Ite College East	11.96
3	4931 Abdul Rahim, Abdul Raz	91 Unattached	12.08
4	4908 Bin Jamal, Muhammad Iz	93 Singapore Polytechnic	12.28
5	4891 Ng, Don	92 Republic Polytechnic	12.46
6	4855 Mohamed, Ashiq Yassin	90 Ngee Ann Polytechnic	12.57
7	4815 -, Muhd Rizal	91 Ite College East	13.74
---	4934 Gupta, Prayaank	87 Unattached	DNS

**Section 6 Wind: -0.3**

1	4902 Gupta, Prayaank	87 Singapore Management Uni	11.53
2	4894 Ang, Wei Si	94 Siglap Secondary School	11.59
3	4901 Chin, Yek Kai, Eugene	87 Singapore Management Uni	11.90
3	4917 Soon, Safwan	91 Singapore Polytechnic	11.90
5	4853 Leong, Wei Sheng	92 Ngee Ann Polytechnic	12.31
6	4896 Teo, Wei Bin	94 Siglap Secondary School	12.41
7	4808 -, Mohd Syamir	92 Ite College East	12.43
8	4813 -, Muhd Nazirul Dinie	93 Ite College East	12.66

**Section 7 Wind: -2.0**

1	4841 Yuan, Joseph	86 Nanyang Technological Uni	11.49
2	4952 Chao, Wei Jen	91 Wings Athletic Club	12.06
3	4962 Ang, Chen Xiang	94 Raffles Institution	12.07
4	4886 -, Amirul	92 Republic Polytechnic	12.33
5	4811 -, Muhd Ifwat	91 Ite College East	12.71
6	4817 -, Qaaf Ruziqa	93 Ite College East	13.05
---	4827 Md Ismail, Mohd Azhar	91 Malaysia	DNS
---	4820 Ong, Yu Soon	91 Ite College East	DNS

**Section 8 Wind: -1.0**

1	4829 Perian, Cyrus Krishnaan	92 Malaysia	11.24
2	4968 Lai, Yong Hui	89 National Uni of Singapore	11.79
3	4890 Muhd, Firdaus	92 Republic Polytechnic	12.00
4	4807 -, Abdul Rizuan	92 Ite College East	12.53
5	4806 -, Abdul Haq	90 Ite College East	12.54
6	4825 Abdul Rahim, Abdul Raz	91 Malaysia	12.79

**SAA 5th Allcomers Meet 2010 - 7/25/2010****ITE College East****Results - Sunday, 25 July 2010**

--- 4895 B Jamaludin, Muhammad 94 Siglap Secondary School DNS  
 --- 4946 Perian, Cyrus Krishnaan 92 Unattached DNS

**Event 111 Men Discus Throw 2kg Open**

NR: 59.87m N 5/8/1999 James Wong

Name	Yr	Team	Finals
<b>Flight 1</b>			
1 4969 Toh, Weide	86	National Uni of Singapore	39.90m
2 4936 Hough, Alan Derek	66	Unattached	29.14m
3 4964 Tanuwijaya, Steven	93	St Joseph's Institution	27.65m
4 4910 Dason, Zachary Gerard	89	Singapore Polytechnic	25.83m
5 4799 Aik, Xuan Xin Ezra	93	Catholic Junior College	22.12m

**Event 112 Women Discus Throw 1kg Open**

NR: 49.91m N 12/8/2003 Zhang Guirong

JR: 47.17m J 3/4/1990 Wan Lay Chi

Name	Yr	Team	Finals
<b>Flight 1</b>			
1 4834 Wan, Lay Chi	88	Nanyang Polytechnic	42.71m
--- 4798 Sun, Jing Yi Gracia	93	Catholic Junior College	DNS

**Event 113 Men Pole Vault Open**

NR: 4.66m N 5/9/1993 Mok Hay Foo

JR: 4.61m J 5/31/2009 Lim Zi Qing Sean

Name	Yr	Team	Finals
<b>Flight 1</b>			
1 4804 Lim, Sean Zi Qing	93	Hwa Chong Institution College	4.30m
2 4898 Ng, ZiYi	85	Singapore Institute of Mgmt	3.90m
2 4876 Guo, Xiuzhen	93	Raffles Institution	3.90m
4 4881 Lim, Jun Yang	93	Raffles Institution	3.70m
4 4963 Yeo, Alex	94	Raffles Institution	3.70m
6 4802 Ng, Kean Mun	65	Flash Athletic Club	3.50m
6 4803 Tay, Pang Shiang	94	Hwa Chong Institution (High)	3.50m
6 4882 Ong, Ernest Lian Kiat	93	Raffles Institution	3.50m
--- 4933 Escobar, Francisco	91	Unattached	NH
--- 4840 Yong, Seng Kiak	88	Nanyang Technological Uni	NH
--- 4936 Hough, Alan Derek	66	Unattached	NH
--- 4801 Chong, Edwin	88	Flash Athletic Club	NH
--- 4893 Rosli, Md Zahid	84	Scdf	NH

**Event 114 Women Pole Vault Open**

NR: 3.75m N 4/25/2009 Rachel Isabelle Yang Bingjie

Name	Yr	Team	Finals
------	----	------	--------

**SAA 5th Allcomers Meet 2010 - 7/25/2010****ITE College East****Results - Sunday, 25 July 2010****Flight 1**

1	4929 Yang, Rachel Isabel	82	Unattached	3.60m
---	4800 Ong, Pei Gin	88	Flash Athletic Club	NH

**Event 115 Men Shot Put 7.26kg Open**

NR: 17.44m N 9/23/2003 Dong Enxin

Name	Yr	Team	Finals
------	----	------	--------

**Flight 1**

1	4949 Wong, Kai Yuen	94	Unattached	12.84m
2	4964 Tanuwijaya, Steven	93	St Joseph's Institution	11.61m
3	4936 Hough, Alan Derek	66	Unattached	10.73m
4	4947 Toh, Alexander	89	Unattached	10.20m
5	4852 Lee, Tong Yi	93	Ngee Ann Polytechnic	9.26m
6	4799 Aik, Xuan Xin Ezra	93	Catholic Junior College	9.17m
7	4861 Tan, Wei Hao	90	Ngee Ann Polytechnic	8.77m

**Event 116 Men High Jump Open**

NR: 2.22m N 12/14/1995 Wong Yew Tong  
 JR: 2.08m J 4/26/2009 Yap Kuan Yi Wayne

Name	Yr	Team	Finals
------	----	------	--------

**Flight 1**

1	4836 Lee, Yi Rong Daryl	92	Nanyang Polytechnic	1.90m
2	4912 Lim, Nelson	92	Singapore Polytechnic	1.80m
3	4821 Rohanni, Shaifuddin	88	Ite College East	1.65m
4	4936 Hough, Alan Derek	66	Unattached	1.55m
---	4939 Lee, Yi Rong Daryl	92	Unattached	DNS

**Event 117 Men Triple Jump Open**

NR: 16.04m N 4/26/2009 Stefan Tseng Ke Chen  
 JR: 16.04m J 4/26/2009 Stefan Tseng Ke Chen

Name	Yr	Team	Finals	Wind
------	----	------	--------	------

**Flight 1**

1	4911 Koh, Kevin	92	Singapore Polytechnic	11.69m	-1.9
---	4965 bin Mohd Sajali, Juhari	90	Swift Athletes Association	DNS	NWI

**Event 118 Women Triple Jump Open**

NR: 11.73m N 6/6/2009 Mariam Shazana bte Jalalludin  
 JR: 11.73m J 6/6/2009 Mariam Shazana bte Jalalludin

Name	Yr	Team	Finals	Wind
------	----	------	--------	------

**Flight 1**

1	4883 -, Shireen	93	Republic Polytechnic	11.22m	-2.2
2	4795 Shazana, Mariam	94	Auckland University of Tech	10.92m	-1.7
---	4923 -, Sherin	94	Swift Athletes Association	DNS	NWI
---	4824 Mohamad Hanafiah, Noo	89	Malaysia	DNS	NWI

**SAA 5th Allcomers Meet 2010 - 7/25/2010****ITE College East****Results - Sunday, 25 July 2010****Event 119 Women 1500 Meter Run Open****NR: 4:31.30 N 9/12/1982 K Jayamani**  
**JR: 4:41.80 J 9/5/1973 Mimigar Begum**

Name	Yr	Team	Finals
<b>Section 1</b>			
1 4905 Cheng, Amanda	91	Singapore Polytechnic	5:54.09
2 4904 Chen, Wei Ping	91	Singapore Polytechnic	5:58.78
3 4842 -, Elisia	94	Ngee Ann Polytechnic	7:06.87
--- 4844 Cheng, Si Jia	92	Ngee Ann Polytechnic	DNS

**Event 120 Men 1500 Meter Run Open****NR: 3:51.59 N 2/4/2002 Chamkar Dhaliwal**  
**JR: 3:59.40 J 1988 A Saravana**

Name	Yr	Team	Finals
<b>Section 1</b>			
1 4967 Balakrishnan, Madankum	87	National Uni of Singapore	4:13.54
2 4839 Tung, Colin	88	Nanyang Technological Uni	4:19.27
3 4914 Neo, Beng Kiong	92	Singapore Polytechnic	4:59.89
4 4918 Tay, Wei Kian	91	Singapore Polytechnic	5:13.02
5 4858 Seow, Fabian	93	Ngee Ann Polytechnic	5:14.15
6 4913 Loh, Yuan Yi	92	Singapore Polytechnic	5:22.82
7 4921 Yak, Bing Hui	93	Singapore Polytechnic	5:29.34
8 4899 Ong, Xin Zhong	85	Singapore Institute of Mgmt	5:36.35
9 4848 Bong, Jonathan	93	Ngee Ann Polytechnic	5:45.25
10 4919 Toh, Zhen Qi	90	Singapore Polytechnic	6:05.45
--- 4909 Chan, Daniel	93	Singapore Polytechnic	DNS

**Event 121 Women 200 Meter Run Open****NR: 24.54 N 8/12/1984 Prema Govindan**  
**JR: 24.54 J 8/12/1984 Prema Govindan**

Name	Yr	Team	Finals
<b>Section 1 Wind: -1.0</b>			
1 4950 Pereira, Valerie	94	Wings Athletic Club	25.19
2 4823 Ku Zamzuri, Ku Munirah	93	Malaysia	27.33
3 4875 Wong, Kristy	93	Raffles Institution	29.83
4 4874 Chee, Nicole	93	Raffles Institution	30.73

**Event 122 Men 200 Meter Run Open****NR: 21.14 N 7/24/1987 Haron Mundir**  
**JR: 21.30 J 9/12/1982 Haron Bin Mundir**

Name	Yr	Team	Finals
<b>Section 1 Wind: -2.4</b>			
1 4954 Khoo, Kenneth	82	Wings Athletic Club	22.72

**SAA 5th Allcomers Meet 2010 - 7/25/2010****ITE College East****Results - Sunday, 25 July 2010**

2	4794 Ng, Chin Hui	94 Anglo-Chinese School (Indp)	23.12
3	4948 Wakeford, Christopher	89 Unattached	23.17
4	4970 Dustageer, Sharman B A	88 National Uni of Singapore	23.96
5	4938 Ladd, Peter	80 Unattached	24.57
6	4878 Koe, Melvyn	93 Raffles Institution	25.29
---	4958 Mustapa, Md Elfi	87 Wings Athletic Club	DNF
---	4827 Md Ismail, Mohd Azhar	91 Malaysia	DNS

**Section 2 Wind: -1.7**

1	4955 Lee, Cheng Wei	87 Wings Athletic Club	22.30
2	4961 Yeo, Gary	86 Wings Athletic Club	22.44
3	4957 Md, Shah	78 Wings Athletic Club	24.84
4	4880 Lim, Jonathan	93 Raffles Institution	25.54
5	4816 -, Muhd Sufi	92 Ite College East	26.25
---	4941 Maniar, Joshua	90 Unattached	DNS
---	4942 Md Ismail, Mohd Azhar	90 Unattached	DNS

**Event 123 Men 800 Meter Run Open**

NR: 1:49.90 N 4/30/1983 S Surenda

JR: 1:52.37 J 1985 S Pandian

Name	Yr	Team	Finals
------	----	------	--------

**Section 1**

1	4967 Balakrishnan, Madankum	87 National Uni of Singapore	1:58.80
2	4837 Oon, Kuan Yong	86 Nanyang Technological Uni	1:59.03
3	4907 -, Hazwari	91 Singapore Polytechnic	1:59.36
4	4916 S/O Muthu Kumar, Ravii	90 Singapore Polytechnic	2:00.29
5	4924 -, Muhammad Shah Feroz	84 Swift Athletes Association	2:01.33
6	4839 Tung, Colin	88 Nanyang Technological Uni	2:04.14
7	4926 Surin, Justin John	94 Temasek Secondary	2:14.20
8	4856 Nash, Dinesh	90 Ngee Ann Polytechnic	2:16.81
9	4900 Toh, Wei Ming	85 Singapore Institute of Mgmnt	2:25.74
10	4850 Ee, Esli	93 Ngee Ann Polytechnic	2:45.25
---	4849 Chong, Chung Yong	87 Ngee Ann Polytechnic	DNF
---	4887 -, Rafiuddin	91 Republic Polytechnic	DNS

**Event 124 Women 800 Meter Run Open**

NR: 2:07.40 N 5/31/1976 Chee Swee Lee

JR: 2:08.10 J 1973 Chee Swee Lee

Name	Yr	Team	Finals
------	----	------	--------

**Section 1**

1	4844 Cheng, Si Jia	92 Ngee Ann Polytechnic	2:56.36
2	4906 Sek, Victoria	92 Singapore Polytechnic	3:02.30
3	4903 Ang, Liping	92 Singapore Polytechnic	3:18.96

**Event 125 Men 4x100 Meter Relay Open**

NR: 39.82 N 12/17/2009 National Team

Yeo Gary, Muhd Elfi, Lee Cheng Wei, Muhd Amiruddin

JR: 41.28 J 7/27/2005 ASEAN Schools Team

Ng Jia Yuan, Jonah Tan, Lance Tan, Ab Hakeem



**SAA 5th Allcomers Meet 2010 - 7/25/2010**

**ITE College East**

**Results - Sunday, 25 July 2010**

<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Section 1</b>		
1 Wings Athletic Club	A	41.08
2 Nordin Jadi Athletic Club	A	41.69
3 Nordin Jadi Athletic Club	B	44.17
4 Wings Athletic Club	B	44.65
5 Ngee Ann Polytechnic	A	45.69

**Event 127 Women 3000 Meter Race Walk Open**

<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals</b>
<b>Section 1</b>			
1 4979 Jayaram, Komathi	94	Swift Athletes Association	19:14.63
2 4982 Saravannan, Vithyaa	94	Swift Athletes Association	20:41.08
3 4981 -, Sinchita	94	Swift Athletes Association	21:12.88
4 4980 Kaur, Kowsulah	94	Swift Athletes Association	21:17.65
5 4983 Tanaball, Keerthi	94	Swift Athletes Association	22:14.05

**Event 126 Men 5000 Meter Race Walk Open**

NR: 14:57.61 N

<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals</b>
<b>Section 1</b>			
1 4975 Sim, Edmund	94	Swift Athletes Association	27:42.21
2 4976 Muthu, Kharthik	94	Swift Athletes Association	30:13.25
3 4974 Mks, Rajanthran	94	Swift Athletes Association	31:30.53
4 4973 Wong, Schneider	94	Unattached	32:42.54
5 4977 Krishnan, Gugun	94	Swift Athletes Association	37:09.19
6 4978 Tanaball, Ravin	94	Swift Athletes Association	39:13.61
--- 4971 Abdul J, Khairulnizam	94	Anglo-Chinese School (Indp)	DNS